



*Center for Oral, Maxillofacial and
Implant Reconstructive Surgery*

PRE-OPERATIVE INSTRUCTIONS

**** For Patients Having Surgery and General Anesthesia ****

- 1: Have ***NOTHING*** to eat or drink after midnight the night before your surgery. NO gum, NO candy, NO breath mints. This is important to ensure your safety.
- 2: You must have your driver with you at the time of surgery. They must stay in the office until you are ready to be discharged home. They should be able to stay with you for at least several hours after your surgery.
- 3: Wear warm, comfortable clothing and a short-sleeved shirt. Bring a light jacket or sweater for afterwards. Wear no jewelry to your appointment.
- 4: If you wear contact lenses, leave them at home and wear glasses the day of surgery.
- 5: Make sure you have picked up your prescriptions and cool soft foods before surgery.
- 6: Do not drink any alcoholic beverages within 48 hours of your surgery.
- 7: If you take Aspirin or any other non-prescription medication, let the doctor know as it may be necessary to stop a week or more before surgery
- 8: Do not wear makeup, especially Mascara or eye make-up as it can cause eye irritation if you rub it into your eye while you are under the effects of the anesthesia.
- 9: If you have a cold, flu, congestion, fever or cough, call the office as soon as possible before surgery and let us know.

These instructions are intended to help prepare you for the safest and most comfortable possible surgical experience. Feel free to call the office if you do not understand the instructions clearly and completely or if you have any other questions that were not answered at your consultation visit.

3737 Moraga Avenue, Suite B-200
San Diego, CA 92117-5402

Phone: 858-272-7086 Fax: 858-272-7289
Web Site: www.drgbeaty.com E-Mail: Info1@gwbeaty.com